

# Wisdom of Master Nagano: Foundational Training Program

-Tsuyoshi Shimamura, L.Ac. (Japan)

November 2018- February 2020

OCOM  
75 NW Couch St  
Portland, OR 97209

\$1,975 (Professionals)

\$1,425 (Students)

52 NCCAOM & California PDAs/CEUs (Approved 13/module)

Registration refund policy:

90% refund applied if request received greater than 2-weeks from date of event  
No refunds if cancellation received within 2-weeks of event\*

*"Viewing a demonstration is one thing; doing the treatment is another.  
I will train you until your hands can understand fluently what I teach."*

-Tsuyoshi Shimamura

For over 50 years, Master Kiyoshi Nagano used his extraordinary palpation and pulse diagnostic skills to develop unique & ingenious acupuncture strategies. Often referred to as a 'lone-wolf' and seen as unorthodox in his theory & style, he mentored two prominent Japanese acupuncturists: Kiiko Matsumoto and Tsuyoshi Shimamura.

In this program, Mr. Shimamura will share his knowledge & experience working with Master Nagano; you will become proficient in the treatment strategies and techniques that were passed down to Mr. Shimamura. This introductory series is ideal for practitioners and students called to work in a gentler manner that is informed both by classical and modern sources. The value of studying with a master practitioner is that you can leap ahead years in your development in a short time!

## Module Dates:

- November 3-4, 2018: Foundations 1
- February 9-10, 2019: Foundations 2
- June 1-2, 2019: Lower Body Musculoskeletal issues
- November 2-3, 2019: Upper Body Musculoskeletal issues
- February 1-2, 2020: Foundations 3

**The majority of this training is hands on and will focus on anatomy & physiology, as well as Traditional East Asian Medicine theory.** Fluency in Traditional East Asian Medicine theory is important; yet, we must not omit the knowledge of anatomy and physiology. None of these disciplines are to be studied for memorization purposes; they should guide your thought process during treatment. This training will integrate both medical worlds with various perspectives on treatment approaches.

### What Can I Expect to Learn?

- Foundation of Master Nagano's treatment methods and strategies: Postnatal Qi & Prenatal Qi, Concepts of flow
- How to use acupuncture points to diagnose and treat
- Understand when to "treat" vs. "balance" the body in regards to musculoskeletal treatment
- Enhanced understanding of how acupuncture points move/change & how to locate them
- Review of muscle origins/insertions, including muscle membrane and inflammatory concepts & application to patient function
- Enhanced palpation techniques, essential to detect changes in tissue and location of acupoints
- Treatment of pain from psycho-somatic, somato-somatic, and visceral-somatic presentations
- Unique teishin, te-ah-te, and moxibustion techniques

### **Tsuyoshi Shimamura, LAc** (Japan)



Mr. Shimamura obtained licensure in 1995 after completing studies at Meiji Acupuncture and Moxibustion College (Japan). He was fortunate to undertake an apprenticeship with Master Nagano during the final years of his life; living and working with Master Nagano between 1997 and 2000 as his closest apprentice. Since 2006, Mr. Shimamura has been teaching seminars on the methods he learned during his time with Master Nagano. Mr. Shimamura has impressed international students with his clarity and depth of understanding, his mindful presence, and his commitment to sharing Master Nagano's legacy. Mr. Shimamura is a member of the Japan Acupuncturist Association, has published articles and DVDs, and runs clinics in Hiroshima and Ooita, Japan.

### **Seishiro Hokazono LAc** (Interpreter)

Born and raised in Japan, Mr. Hokazono graduated from the Southwest Acupuncture College in Santa Fe, New Mexico and currently practices in Albany, Oregon. He has continued his studies in Meridian-style treatment with various master practitioners in both the U.S. and Japan. Mr. Hokazono has translated for Shimamura-sensei and is fully steeped in his techniques and lecture material.